

**Cutters Community Soccer
Small-Sided Games Format**

Fall 2011

Adapted from Indiana Youth Soccer Recommended Formats

Age Group	U-6	U-8	U-10	U-12/U-14
Format	3 v 3 preferred 4 v 4 ok if both teams have 6 players for the day (no goalkeepers)	4 v 4 preferred (no goalkeepers)	6 v 6 (Five plus a goalkeeper)	8 v 8* (Seven plus a goalkeeper) * U-12 girls may play 6 v 6 based on roster size
Goalkeeper	No	No	Yes	Yes
Goalkeeper Distribution	Not applicable.	Not applicable.	Throwing, Rolling, and Punting	Throwing, Rolling, and Punting
Roster Size - Preferred	5 or 6	6 or 7	10 - 12	14 Maximum
Game Duration	4 x 8 minutes	4 x 12 minutes	2 x 25 minutes	2 x 30 minutes
Substitutions	Unlimited	Unlimited	Unlimited	Unlimited
Ball Size	3	3	4	4
Kick in vs. Throw In	Kick ins	Kick ins	Throw ins	Throw ins
Offside	No	No	No	Yes
Referee	No	No	1	1
Asst. Referees	No	No	Yes or Club	Yes or Club
Game times:	Saturdays: 9:30 a.m.	Saturdays: 9:30 a.m.	Saturdays: 9:30 a.m.	Saturdays: 10:45 a.m.
Practice times:	Same as above	Mondays 6 p.m.	Mondays 6 p.m.	Mondays 7:15 p.m.